

AVOID A SUMMER BUMMER

with These Wisconsin Summer Safety Tips

While you're out enjoying all that Wisconsin has to offer this summer, don't let COVID-19 disrupt your plans. Every summer since COVID-19 appeared, we've seen a rise in cases over the summer months! We could see a new wave of COVID infections spread throughout Wisconsin this summer, too. Avoid a summer bummer by making sure you and your loved ones are vaccinated against COVID-19!



TIP 1

Create a Summer Safety Checklist

Share a list of things your family can do to stay safe this summer, including:

- ✓ Get the latest approved COVID-19 vaccine
- ✓ Mask up in crowded or enclosed spaces (such as public transportation, stores, libraries, and events)
- ✓ Stay home if you're feeling sick or test positive
- ✓ Wash your hands regularly and sanitize when needed
- ✓ Cover coughs and sneezes with a tissue or your elbow
- ✓ Test if you have symptoms or were exposed

TIP 2

Spend More Time in the Open Air!

Plan your summer around spending more time outdoors where COVID-19 spreads less easily.

Explore activities like:

- ✓ Neighborhood walks
- ✓ Hiking trails and nature preserves
- ✓ Open-air zoos and parks
- ✓ Beaches and campgrounds
- ✓ Outdoor sports and gatherings

TIP 3

Know the Symptoms of COVID-19

Symptoms can appear year-round—not just in winter. Be on the lookout for:

- ✓ Fever or chills
- ✓ Cough or sore throat
- ✓ Shortness of breath
- ✓ Fatigue or muscle aches
- ✓ Loss of taste or smell
- ✓ Headache, congestion, or runny nose
- ✓ Nausea, vomiting, or diarrhea

If you feel unwell, test early and isolate if positive.

TIP 4

Stay Informed and Protected

Talk to your doctor about getting the latest vaccine or find a COVID-19 vaccine near you: www.vaccines.gov.

**Let's work together to
keep all of Wisconsin safe
and healthy this summer.**

Stay cool, stay kind, and
stay COVID-smart.



VISIT OUR WEBSITE
ImmunizeWisconsin.org



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